



H&W

Healthcare by the *Sea*

Outpatient Center Puerto Vallarta
Health & Wellness Destination Guide

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Puerto Vallarta ~ Health & Wellness Destination

Puerto Vallarta is a major "health and wellness destination" in Mexico. For a variety of reasons, more people are choosing abroad for medical treatments or general checkups. The most common options are:

- Dental procedures
- Plastic and Aesthetic surgery
- Elective surgeries
- Fertility treatments
- Cancer treatments
- Alternative medicine treatments

Why do people travel to Puerto Vallarta for Health & Wellness Tourism?

Timeliness of care: In Puerto Vallarta, in most cases, you can find an appointment with a specialist doctor overnight, without having to wait on a waiting list or postpone treatments, appointments, and/or surgeries.

Quality of care: Not only in Puerto Vallarta, but throughout Mexico, private medical care is very warm and patient friendly. Furthermore, most of the specialists and subspecialists come from prestigious Mexican universities and teaching hospitals and are bilingual.

Cost: In Puerto Vallarta, private medical care can be more inexpensive than in other countries and is affordable for those without comprehensive health insurance. The facilities at most clinics, hospitals, and medical equipment are modern and high-quality.

Convenience: Puerto Vallarta is the ideal destination to combine a vacation with your health trip.

You'll find culture, nature, wellness by the sea, tranquility, security, and a host of emotions that will surely contribute to your recovery.

Continuity: Puerto Vallarta is a favorite destination for expats from the United States, Canada, and retirees in Mexico, so it's easy to continue your routine medical checkups and physical rehabilitation therapies, among others.

Availability: Puerto Vallarta has a wide range of alternative health treatments from establishments 100% regulated by health authorities, a good option for those who have already tried everything or are simply looking for more conservative therapies or treatments.



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Look for references, testimonials, and recommendations from other people who have had that service; they will surely encourage you to decide to travel.

Compare and find different providers for the service you are looking for, so you will surely make the best decision.

What specialist, treatment, or procedure are you looking for?

We share some tips to help you get the medical care you need along with the best recovery experience in Puerto Vallarta:

Spend enough time researching the service you need. A visible and easy-to-find medical provider is a plus. For example, having a physical location, an informative website, active social media, a phone number, and/or email address where they can provide clear information so you can make your decision to travel with confidence.

Depending on the service, it may sometimes be necessary to schedule a call or video call with your chosen medical provider to obtain more information, costs, and specific questions for your case. This will be extremely important for you to consider your budget and length of stay, payment methods, insurance acceptance for direct payment or reimbursement of medical expenses, availability, among other factors.

If you set a date for your appointment, the provider will likely request a deposit to schedule the service. Ensure your payment is made through reliable sources such as PayPal and other secure payment platforms.

Puerto Vallarta will always surprise you as if it were your first visit. Don't worry because you're in the ideal environment for your recovery, right by the sea! You'll find all the hotels, lodging, restaurants, entertainment and attractions, wellness and health services you need in this Mexican paradise.

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Puerto Vallarta is not only a tourist destination to enjoy, have fun and relax; it is the traditional Mexican charm with the infrastructure of a big city. A favorite place for visitors and expatriates from the United States and Canada, due (in addition to its charm) to the great climate that prevails most of the year. Likewise, hospitals, clinics, doctors and other providers in Puerto Vallarta offer reliable and high-standard services, which classifies it as a "Health and Wellness Destination".

Don't hesitate, traveling to Puerto Vallarta is beneficial for your health and quality of life.

Puerto Vallarta is a three-hour drive from Guadalajara, a one-and-a-half-hour flight from Mexico City, and a three- to five-hour nonstop flight from major cities in the United States and Canada. Our climate is always beautiful: sunny with a cool breeze during the winter and spring; sunny, warm, and humid with afternoon and evening rain during the summer and part of the fall. With more than 300 sunny days a year, clean air, and the beach and mountains, there's always something fun or relaxing to do here.

Healthcare by the Sea.

GOOD Surgeons
GOOD Facilities
GOOD Care

We are an outpatient medical center in Puerto Vallarta, focused on providing surgery without hospitalization and care from specialist doctors; we serve the people of Puerto Vallarta and surroundings, as well as tourists while on Puerto Vallarta, providing bilingual care and support at every stage of their trip.



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HS Outpatient Center

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Healthcare
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Puerto Vallarta

Easy to get,
but hard to leave

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